



Online Activities for young people aged 13-19 years, or up to 25 with additional needs (some activities for younger people where stated).

Each session will last approximately 30 minutes. You can apply for any session, however, for those with a star you will need to email in to enquire about joining this group as there may be criteria for your attendance – we look forward to hearing from you.

The UK's at home, but Essex Youth Service is Open!

Monday 4 th May	Tuesday 5 th May	Wednesday 6 th May	Thursday 7 th May	Friday 8 th May
3pm Baking with Emma (age 7-12)	3pm Home Science (age 13-19) – with things you will find round your home	12.00 NE young carers (primary) *	2pm NE young carers 'What's on your mind?' (Secondary school age) *	Bank Holiday
3pm Outhouse East consultation* NE	4pm West primary young carers Disney Quiz *	2pm South Young Volunteers *	3pm Home Science (age 7-12) –with things you will find round your home	
3pm Breathe*	4.20pm North Young Essex Assembly *	3pm NE young carers (primary) *	3pm South Young Essex Assembly *	
3.30pm Young Essex Assembly *	4pm Talk Disney (age 7-12) - share your love of all things Disney	3pm Bushcraft	3.30pm-4.30pm Club Chelmer *	
4.30pm Smoothie Making	4.30pm Fitness & street dance with Fusion Dance	4pm Saved by the Bell *	4pm West Secondary young carers – Riddle Challenge *	
5pm Bingo! (age 7-12)	5pm Talk Disney (age 13-19) - share your love of all things Disney	3.20pm YEA meeting (closed group)	4pm Laughs at the Lodge *	
5.30pm South Young Commissioners *	5pm Quiz: Working in the music business	4pm Baking with Emma	4.20pm NCS Grads meeting *	
6pm Football chat	6pm Learn some magic tricks	4pm South Gateway *	5pm Quiz Night	
6pm Simply the Best *	6.30pm Endeavour Youth Group *	5pm Junior Quiz Night (age 7-12)	5.30pm Stretch and lyrical dance with Fusion Dance	
7pm Harry Potter Quiz	7pm Pamper masks	5pm The 7 Day Challenge	6pm Scavenger Hunt	
7pm Torchlight (fortnightly) *	8pm Make Up	5.30pm Rochford Youth Council *	6.30pm Basildon Youth Council (fortnightly) *	
8pm Ask Sue – any questions for Auntie Sue? Or help Sue come up with good solutions to relationship dilemmas	8pm Exploring www.	6pm Art Zone	7pm Live Chat: Share your ideas for keeping yourself well	
		6.30pm Intro to Relaxation\Meditation		
		7pm Video gaming		
		8pm Catchphrase		

Note: By booking a place, you are giving your consent to share any interactions you use during the online session with other participants, eg. video streaming and audio content. You have the option of turning off your camera and microphone if you wish.

To book your place, please contact youth.work@essex.gov.uk with:

- Full name and age
- Which club/project you usually attend and/or which professional told you about our programme of activities
- Name date and time of session/s you would like to attend.

Once you are booked on, you will receive an email with a link to your session.